



Food for Your Soul

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Hi everyone, I have added a couple of new recipes, Hope you enjoy.

Recipe for the month: King Ranch Chicken

Ingredients: 4 cups chopped cooked chicken, 1 Large onion, chopped, 1 Large green bell pepper, chopped 1 (10 3/4oz.) can

cream mushroom soup, 1 (10-oz.) can diced tomatoes and green chilies. Stir all ingredients together, Tear tortillas into 1-inch pieces in a lightly greased 6- quart slow cooker. Top with one-third of chicken mixture

and 2/3 cup cheese. Repeat layers twice. Cover and cook on low 3-1/2 hours cook uncover 30 min

Wednesday Dinner begins with prayer at 5pm and dinner service starts immediately after, Bring a friend.



October Menu

October 4 , 2017
Smother Pork Chops, Vegetables, Yellow Rice, Banana Pudding

October 11, 2017
Taco Salad, Corn, 7-Up Cake

October 18, 2017

Beef Stew, Salad, Corn Bread, Cherry Pineapple Dump Cake

October 25, 2017

Chicken Alfredo, Cheddar Biscuits, Green Lima Beans, Strawberry Cake

Did You Know?.....

You can instantly core a head of iceberg lettuce by slamming it down on a cutting board...

Happy Cooking!!!!!!

*October Bible Verse: God will cover you with his feathers & His faithfulness will be your shield.
Psalm 91:4*